



Behavioural approaches to retirement income

Matthew Blakstad
NEST



Legal information

© NEST Corporation. All rights reserved. This information does not constitute financial, investment or professional advice and should not be relied upon as such. Reproduction in any form of all or any part of these slides is prohibited.



Ideal and actual journeys

Ideal journey

Join in mid-20s



Consistent contributions that increase over time



Actively engaged



Start planning their retirement before consolidation



Actual journey

Most never save

Broken records and most not saving enough

Don't think about it

Think about retirement planning but don't act

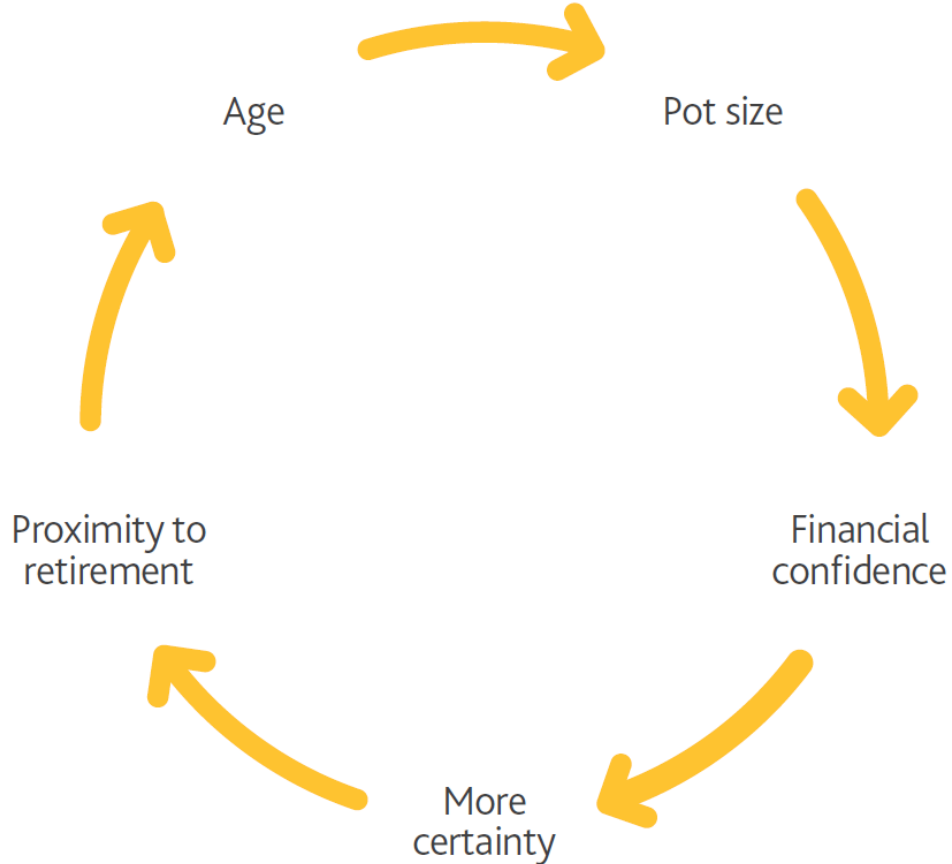


Behavioural insights in accumulation

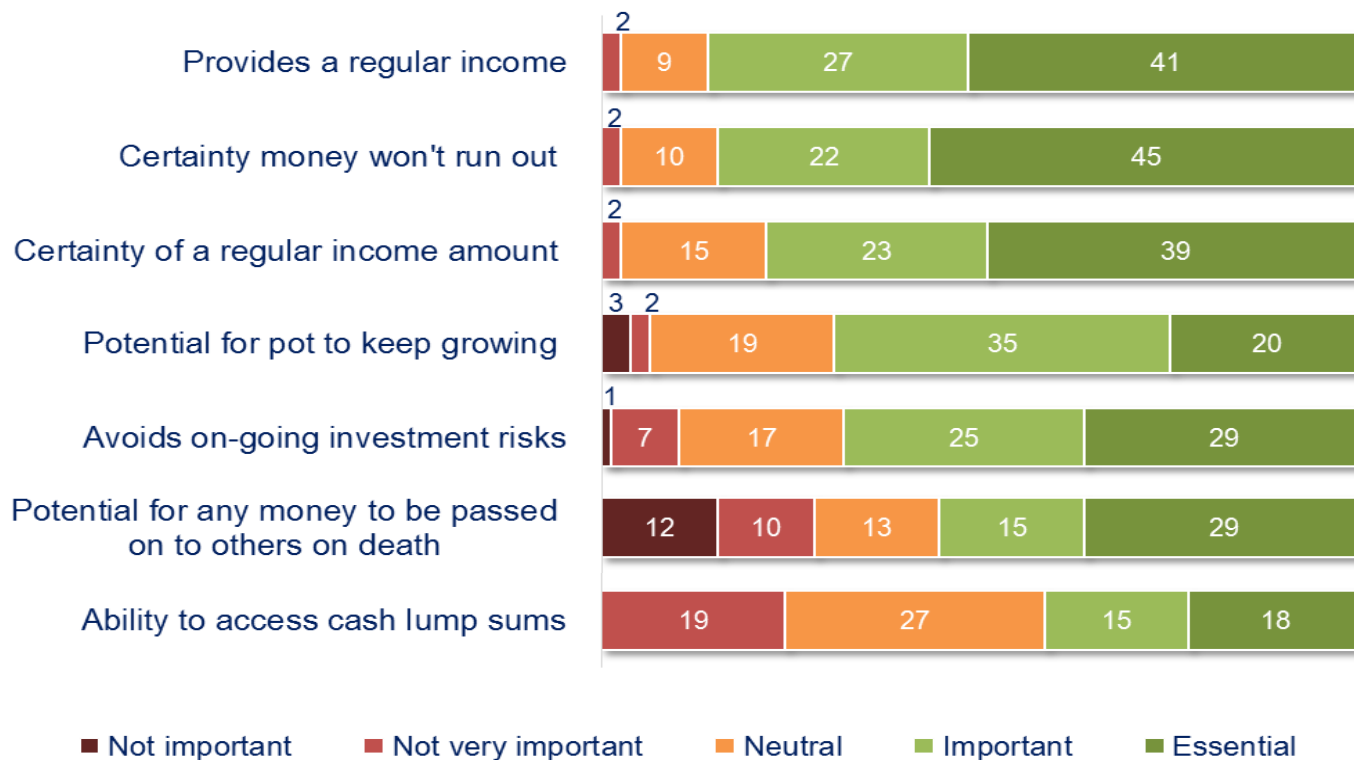
“Traditional” approach	Behavioural insights	AE/NEST approach
The solution to low participation is better communication	Myopia and status quo bias lead to default behaviour	Automatic enrolment
Education before participation	Engagement and education do not drive behaviour	Enrolment is the start of the engagement journey
Active member choice is required	Bounded rationality	Design defaults that work for members
The more choice the better	The paradox of choice	Limited choices that meet members’ needs
Contribution rates based on retirement plans	Save More Tomorrow	Phased contributions
Higher risk investments for younger members	Young people have an aversion to loss	Minimise volatility for younger members



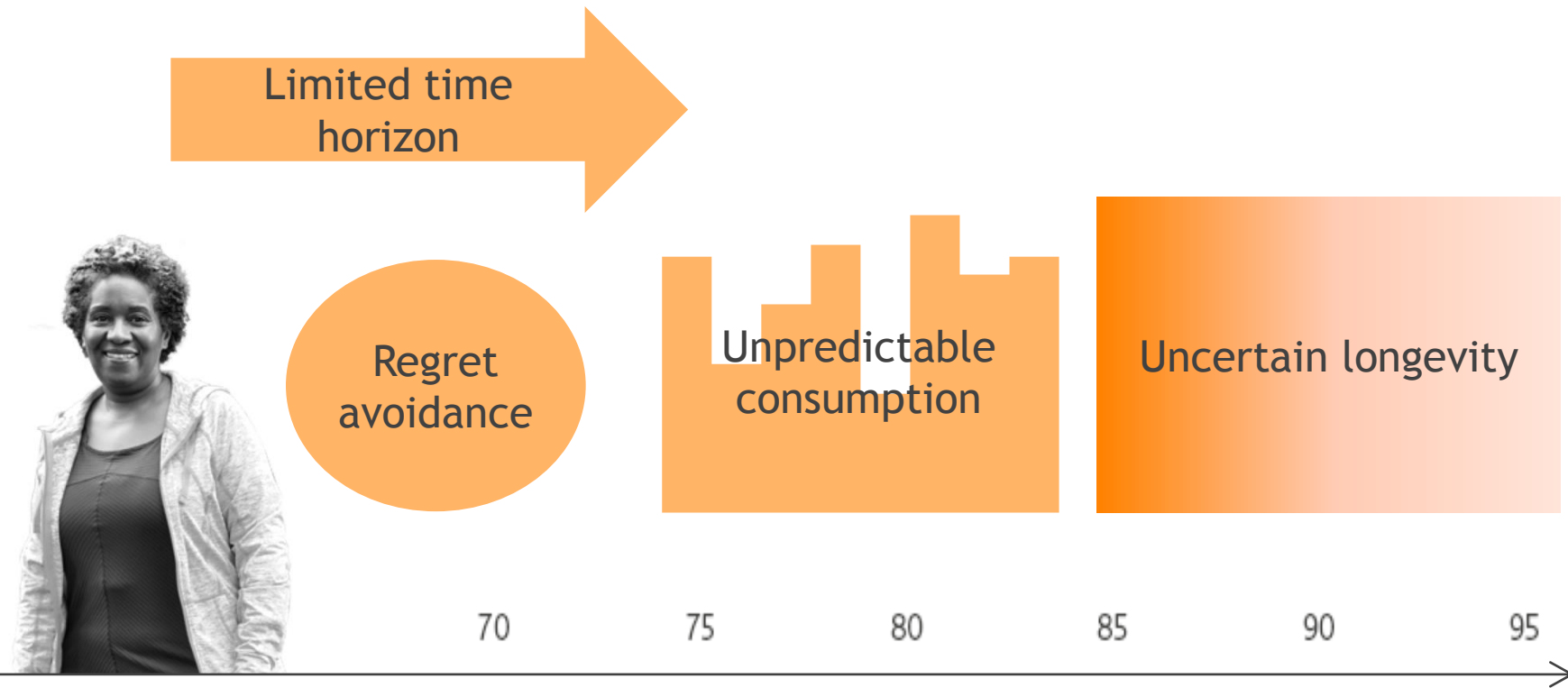
Are things different at retirement?



What people say they want



So why don't people choose annuities?

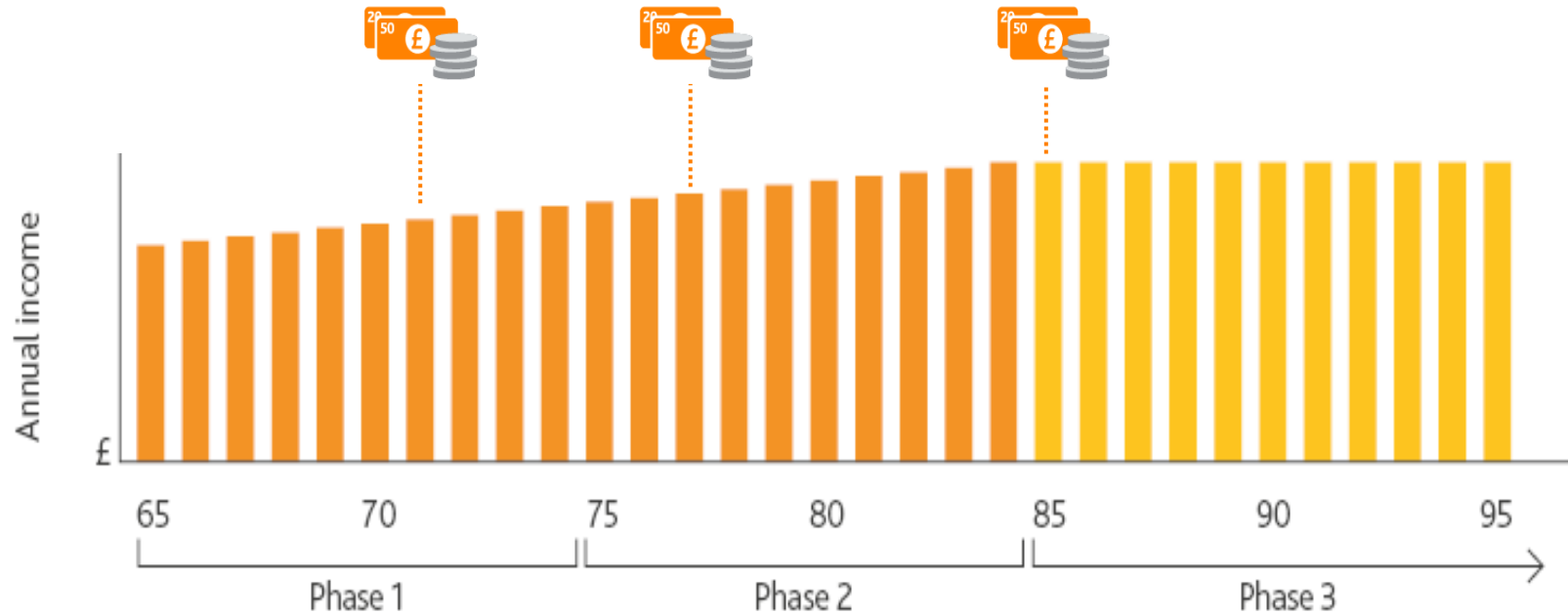


What drives choice?

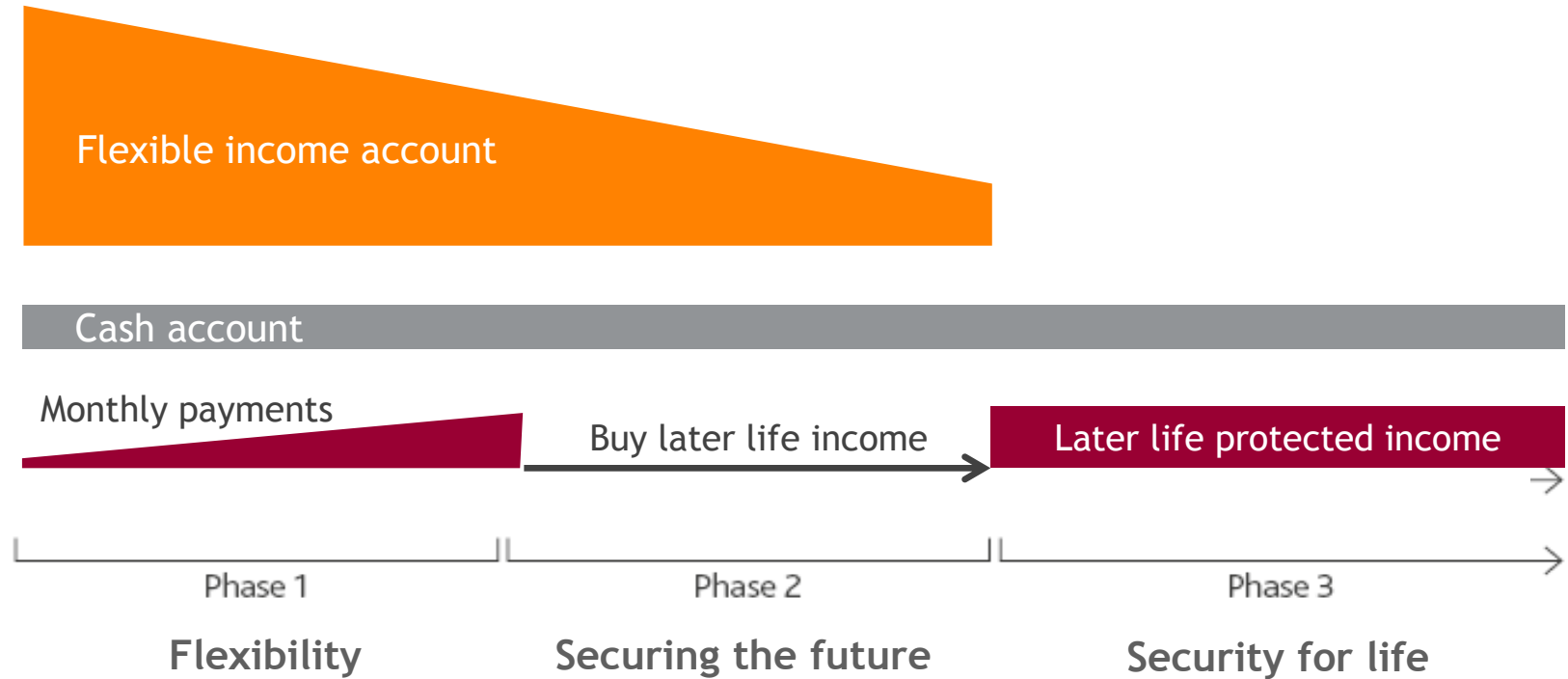
- Behavioural biases still apply
 - status quo bias
 - present bias
 - loss aversion
 - difficulties in probabilistic thinking
 - mental accounting
- People value flexibility *and* certainty
- So can we design products that meet their stated preferences, whilst recognising their behavioural and emotional biases?



A steady, flexible income for life



A retirement income blueprint



At retirement: choice versus defaults

➤ Broadly speaking, people fall in to three distinct categories

High financial capability
and experience

Engaged with their pension saving
and have a clear plan for
retirement.

Likely to seek financial advice and
be prepared to pay

Less financial experience

May well want to engage but likely
to find financial decision making
daunting - worrying about making
poor decisions

Less likely to want to pay for
professional financial advice

Very little financial experience
and low levels of engagement

These members will need a lot of
support from providers, probably in
the form of default strategies.

➤ People value a ‘central’ option, but with control over how it’s configured





Thank you

Any questions?

